

Dual (Panel) SL Race Seed Starting Format:

The actual starting format for an NJISRA Dual SL race is as follows:

- 1) The randomized school seed order listed for this race (under the 'Start Lists' tab) will be followed, except as noted below.
- 2) For the same gender ('women' first followed by 'men' for each run) the first two racers of a school will race against each other.
- 3) The next set of 2 racers will be from the next school on the seed list.
- 4) If a school can only field one instead of two racers for that seed, the racer can race individually or be paired with a pick-up from another school.
- 5) Each school can have up to three pairs of racers per gender
- 6) After all three school-paired racers from all participating schools complete their 1st run, the paired racers will swap courses for their 2nd run using same seed order.
- 7) Individual & Team results will be calculated.
- 8) After a short break, the top individual man & top individual woman from each participating school will compete with pairing based upon finish time placements from their previous two runs.
- 9) Those top men & women will swap courses for their 2nd run using same seed order used in 1st run.
- 10) Individual awards will be presented to the top 5 racers in each gender class.